

WELCOME JUNIORS

CLASS OF 2024

COUNSELORS

A - Da

Mr. Bell

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De - Jia

Mr. Venegas

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Jian - Mora

Ms. Mosqueda

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More - Shen

Ms. Domicoli

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Sher - Z

Ms. Sandel (Woodland)

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Special Programs

Ms. Vasquez

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Intervention

Mrs. Bateman

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Mrs. Calderon-Lem

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AGENDA



Ruben S. Ayala High School Graduation Requirements

- UC/CSU "A-G" Requirements
- Important Dates and Deadlines
- How do I choose a college?
- Financial Aid Information
- Scholarship Information



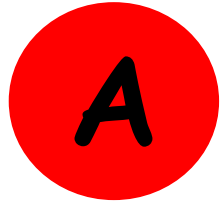
GRADUATION REQUIREMENTS

Biological Science	10 Credits	1 yr
Physical Science	10 Credits	1 yr
Economics/American Democracy	10 Credits	1 yr
US History	10 Credits	1 yr
World History	10 Credits	1 yr
English	40 Credits	4 yrs
VAPA/Foreign Language	20 Credits	2 yrs
PE	20 Credits	2 yrs
Health	5 Credits	$\frac{1}{2}$ yr
Alg 1/Integrated Math 1	10 Credits	1 yr
Other/Higher Math	20 Credits	2 yrs
General Electives	60 Credits	

**MINIMUM
GPA OF
2.0**

**REQUIRED
TOTAL =
225
CREDITS**

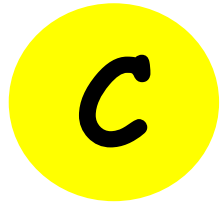
A-G Requirements



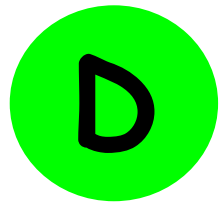
History/Social Science
2-Years Required



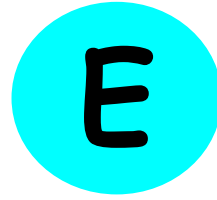
English
4-Years Required



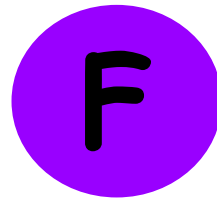
Mathematics
3-Years Required
*4-Years Recommended



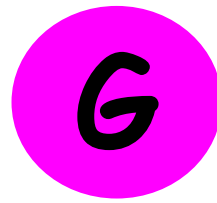
Laboratory Science
2-Years Required
*3-Years Recommended



Language other than English
2-Years Required
*3-Years Recommended



Visual and Performing Arts
1-Year Required



College Prep Elective
1-Year Required

* Indicates an additional year is highly recommended for impacted and competitive UCs and CSUs

CREDIT RECOVERY OPTIONS

- **Virtual/Traditional Credit Recovery Program**
 - 4-5 week session
- **Adult School**
 - 20 Credit Max
- **Regional Occupational Program (ROP)**
 - Career training opportunities
- **Summer School**
 - For students to make up classes in summer school if they fail or get a "D" in a previous course.



****see your counselor for more information**

CAREER CENTER

- **Regional Occupational Program (ROP) Registration**
 - Elective and Technical Education courses
- **Work Permits**
- **College Visits**
- **Senior Early Registration Programs through:**
 - Mt. SAC
 - Chaffey College
- **Scholarship Information and Listings**
- **Military Information (ASVAB)**

Visit the Career Center page for additional information:

<https://www.chino.k12.ca.us/Page/3167>

GRADES

How to Raise Your Grades in 5-Steps

1. Assess where you are in the semester and what you have left to do.

- Make a list of all the classes you currently have, what needs to be done for each class, and the due dates for all assignments and exams.
- Keep an agenda/calendar to help keep track of upcoming assignments/projects/exams.
- Sign up for teacher's Reminds and check your Google Classroom task lists/class streams frequently.

2. Reflect on your current studying techniques and behaviors thoroughly.

- 'How's your attendance? Do you make up missed work/assessments in a timely manner? Do you have access to your teacher's online platform (i.e. Google Classroom) to get the missed work on absent days?
- Make a list of things you want to avoid doing in the future (e.g. procrastination, tardiness, absences, missing assignments etc.) - and don't do them.
- Use all the available accommodations or study tools/materials you are allowed to use on assessments/projects/assignments.

3. Talk to your teacher as soon as possible about ways to improve.

- Ask if there are any assignments for extra credit or if you can hand-in any missing assignments, even those past the deadline. Also, ask if you can re-do any assignments you did badly on.
- Ask for help as soon as you know you're having trouble. Do not wait until the last minute to ask for help, or to ask for things such as extra credit.
- Ask your teachers if/when they offer tutoring or office hours?

4. Create a study schedule, get yourself organized and attend tutoring in the subjects with "C" averages and below.

- Smaller chunks of daily study time are more effective than a huge cram session or two.
- Plan to study 30 min - to 1 hour each day for each class you're enrolled.
- Create a study group with students in your classes so that you can review and study together for tests/projects.

5. Stay focused ... and stay focused until the semester is over.

- Stick to your plan.
- Check AERIES weekly to see your current grade.
- Evaluate your progress often and reward yourself for achievements.
- Avoid getting distracted by friends, events, phone, tablet, TV, social media, games or excessive napping. These activities can absorb much of the time you need for studying.
- Use your time wisely.
- **STAY POSITIVE! IF YOU PUT THE TIME AND EFFORT IN NOW, YOU WILL SEE THE RESULTS!**

You Can Do It!



Remember successfully completing each class leads to successfully completing your credits for graduation! Look at the big picture!



**Mark Your
Calendar**



IMPORTANT DATES TO REMEMBER:

- ❖ January 19 AP Rush during lunch
- ❖ January 23 AP Night
- ❖ January 30-Feb 3 Junior Course Registration
- ❖ February 17 6-Week Grading Period
- ❖ April 6 12-Week Grading Period
- ❖ May 1 Start of AP Exams
- ❖ May 25 End of Second Semester
- ❖ Register for NCAA Clearinghouse **ASAP** if you plan on playing Division 1 or 2 Sports. See Mr. Reams for assistance.



CHOOSING A COLLEGE



UC



CSU



PRIVATE



CC

WHAT SHOULD YOU BE DOING NOW?

- Stay on track with your classes and grades
- Make a list of potential colleges would like attend
- Evaluate education options: 4-year college or 2-year college, career college, vocational-technical school, military college
- Research
 - Attend virtual and on campus college visits (<https://www.chino.k12.ca.us/Page/45940#calendar87605/20210923/month>)
 - Look up and understand admission requirements
 - Start a scholarship search
- Virtually Explore Colleges:
 - CollegeBoard & BigFuture (<https://bigfuture.collegeboard.org/>)
 - California Colleges (<https://www.californiacolleges.edu/#/>)
 - Niche (<https://www.niche.com/>)

DO YOUR RESEARCH

HARDEST TO GET INTO



EASIEST TO GET INTO

UNIVERSITY OF CALIFORNIA

REQUIREMENTS:

- Meet 'A-G' requirements
- Grades of C or better
- Minimum 3.0 GPA to apply

APPLICATION FEE: \$70.00

ELC Status (Top 9%) will be evaluated by application pool (see [link](#) for additional information)

4 REQUIRED personal insight questions (see [link](#) for additional information)



UC and the SAT/ACT

UC will not consider SAT or ACT test scores when making admissions decisions or awarding scholarships. If you choose to submit test scores as part of your application, they may be used as an alternative method of fulfilling minimum requirements for eligibility or for course placement after you enroll.

CAL STATE UNIVERSITY

REQUIREMENTS:

- Meet 'A-G' requirements (minimum 15 courses)
- Grades of C or better
- Minimum 2.5 GPA to apply (3.0 to be competitive)

SAT/ACT: NOT REQUIRED

APPLICATION FEE: \$70.00

23 CSU campuses

[California Promise Program](#)



CAL STATE UNIVERSITY

ALL students should apply to Cal Poly Pomona and CSU Fullerton, as they are the local admission & serving institutions for CVUSD students...and you have **PRIORITY ADMISSION** over students from other counties/areas!

****Check CSU Apply for up to date information on specific program impaction, programs designated as impacted may utilize a higher GPA threshold for applicants**



PRIVATE COLLEGES

- Most private colleges will have applications through commonapp.org or coalitionforcollegeaccess.org
- Visit each school website for **specific** application information, deadlines, admission requirements, and financial aid requirements
- Many private colleges have additional financial aid paperwork you may need to complete



COMMUNITY COLLEGE

- A great place to begin
- A financial bargain
- Gives students the opportunity to explore majors
- Transferring to other colleges is not a problem with good grades
- No need for SAT/ACT
- Apply Spring - Summer of Senior year
- Go online to find Application, deadlines, admission requirements <https://www.cccapply.org/en/colleges>



Cypress College

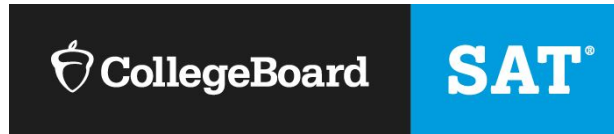
COLLEGE ACCEPTANCE

- What REALLY matters:
 - Strength of subject (A-G courses)
 - Grade Point Average of 'A-G' courses
 - Class Rank
 - Extracurricular Activities
 - Academic Awards
 - Personal Essay
 - Diversity



SAT & ACT

- Many colleges have moved to test optional or test flexible
- Consult specific college websites or check www.fairtest.org
- All tests must be completed by December of Senior year
- Remember to have CollegeBoard or ACT send in your score to the colleges you apply to



FINANCIAL AID

In a nutshell:

Cost of Attendance -
Expected Family
Contribution =

FINANCIAL NEED



**THE FAFSA DETERMINES
HOW MUCH FINANCIAL AID
YOU MAY BE ELIGIBLE FOR.**

Free APPLICATION FOR FEDERAL STUDENT AID (FAFSA)

- **FAFSA**

- Opens: October 1, 2023
- Deadline to apply: March 2, 2024
- The earlier you apply the better, some school based aid is competitive and can run out
- <https://studentaid.gov/h/apply-for-aid/fafsa>

CAL GRANT GPA

- **Ayala electronically submits a list of ALL SENIOR verified GPAs directly to the California Student Aid Commission (CSAC) by the March 2, 2024 deadline**
 - A record of senior names and GPAs submitted to CSAC is kept in the counseling office
 - Any new seniors that enroll after October 1, 2023, please contact Mrs. Cabrera, in the counseling office, to ensure that a Cal Grant GPA is submitted)
- www.csac.ca.gov

TOP SCHOLARSHIP WEBSITES

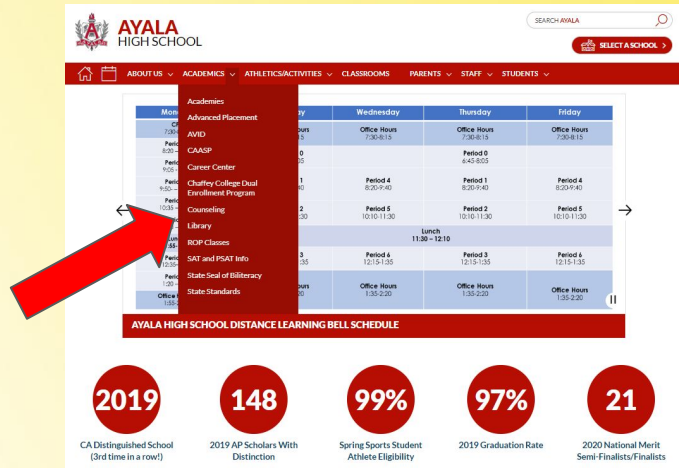


**FREE
MONEY
FOR
SCHOOL**

- AHS CAREER CENTER ONLINE
- FASTWEB.COM
- SCHOLARSHIPS.COM
- COLLEGEBOARD.ORG
- UNIGO.COM
- CHEGG.COM

HAVE MORE QUESTIONS?

- Visit your counselor during lunch or after school!
- Stay Informed
 - Follow us on Instagram
 - www.chino.k12.ca.us/ayala



AYALA HIGH SCHOOL

SEARCH AYALA

SELECT SCHOOL

ABOUT US | ACADEMICS | ATHLETICS/ACTIVITIES | CLASSROOMS | PARENTS | STAFF | STUDENTS

Academics
Advanced Placement
AVID
CAASP
Career Center
Chaffey College Dual Enrollment Program
Counseling
Library
ROP Classes
SAT and PSAT info
State Seal of Biliteracy
State Standards

AYALA HIGH SCHOOL DISTANCE LEARNING BELL SCHEDULE

	Wednesday	Thursday	Friday
Office Hours	7:30-8:15	7:30-8:15	7:30-8:15
Period 1	8:20-9:40	8:20-9:40	8:20-9:40
Period 2	9:45-11:05	9:45-11:05	9:45-11:05
Period 3	11:10-1:30	11:10-1:30	11:10-1:30
Lunch	11:35 - 12:10		
Period 4	12:15-1:35	12:15-1:35	12:15-1:35
Office Hours	1:35-2:20	1:35-2:20	1:35-2:20

2019
CA Distinguished School
(3rd time in a row!)

148
2019 AP Scholars With
Distinction

99%
Spring Sports Student
Athlete Eligibility

97%
2019 Graduation Rate

21
2020 National Merit
Semi-Finalists/Finalists



AYALA COUNSELING TEAM

86 Posts 576 Followers 51 Following

Ayala Counseling Team
Supporting Bulldogs : college preparedness
www.chino.k12.ca.us/
Followed by ryoffroad, danyar, benedictian

@ayala_counseling

Following Message

HOW TO EMAIL A COUNSELOR/TEACHER

First Day of School

RESILIENCE

THE 2020-2021 Common App is now available!

DISTANCE LEARNING

Distribution

WE WANT YOUR INPUT!

INTERVENTION COUNSELORS

**MRS. BATEMAN &
MRS. CALDERON-Lem**

OFFICES - LIBRARY

A grey bulldog's head is centered in the background of the right-hand text block. The bulldog has a red collar with white stars. The text is overlaid on the image.

THE 3 BE'S
BE RESPECTFUL
BE RESPONSIBLE
BE SAFE
IT'S THE BULLDOG WAY

Ayala High School Expectations

BE:	RESPECTFUL	RESPONSIBLE	SAFE
Classroom/Office Expectations	<ul style="list-style-type: none"> Respond positively to teachers/staff/students Speak clearly and use appropriate language Wait patiently and quietly Be polite 	<ul style="list-style-type: none"> Arrive to class on time Bring classroom materials daily Pick up all trash and put supplies away Technology/cell phone use for academic purposes only with teacher prior permission No hats/hoodies in the classroom or office 	<ul style="list-style-type: none"> Keep your hands, feet, and objects to yourself Use all materials appropriately Walk while in the office and classrooms If you see something, say something Follow all current schoolwide safety procedures
Passing Period Expectations	<ul style="list-style-type: none"> Use appropriate language Be polite 	<ul style="list-style-type: none"> Walk directly to your next location Arrive to your next class before the bell rings. Place all trash in the trash can 	<ul style="list-style-type: none"> Walk at all times Keep hands, feet, and objects to yourself Move with the flow of traffic If you see something, say something Follow all current schoolwide safety procedures
Restroom Expectations	<ul style="list-style-type: none"> Give people privacy Keep hands, feet, and objects to yourself 	<ul style="list-style-type: none"> Flush the toilet and wash your hands Put all trash in the trash can Limit your time in the restroom 	<ul style="list-style-type: none"> If you see something, say something Follow all current schoolwide safety procedures
Locker Room Expectations	<ul style="list-style-type: none"> Maintain privacy and personal space Be considerate of others' belongings Use appropriate language Use kind words and treat each other with respect 	<ul style="list-style-type: none"> Lock and secure all belongings Pick up after yourself 	<ul style="list-style-type: none"> Keep hands, feet, and objects to yourself If you see something, say something Follow all current schoolwide safety procedures
Gym/MPR Expectations	<ul style="list-style-type: none"> Come in quietly Appropriate applause Follow directions Use appropriate language, positive remarks and attitudes 	<ul style="list-style-type: none"> Stay seated unless otherwise directed by staff Be attentive and listen Be an active participant 	<ul style="list-style-type: none"> Exit bleachers using the aisles Keep your hands, feet, and objects to yourself If you see something, say something Follow all current schoolwide safety procedures
Cafeteria/Lunch Expectations	<ul style="list-style-type: none"> Use appropriate language Take your rightful place in line Be polite and patient with staff and students 	<ul style="list-style-type: none"> Purchase what you need Take only what you purchase Pick up after yourself Throw trash in the trash can 	<ul style="list-style-type: none"> Ask for assistance if needed If you see something, say something Follow all current schoolwide safety procedures

DISCIPLINE INCIDENTS

INCIDENTS	SCHOOL consequences	PERSONAL consequences	SOLUTIONS
Substance Use: vaping (nicotine, and marijuana), & alcohol. Found on you, your backpack, and/or your car.	<ul style="list-style-type: none"> • Loss of privileges • Suspension • Citations • Drug & alcohol classes • Expulsion 	<ul style="list-style-type: none"> • Parent notified • Home consequences • Possible addiction • Negative impact on personal relationships • Expensive 	<ul style="list-style-type: none"> • Seek support • Counseling • If you hear or see something, say something
Weapons (can include pocket knives). Found on your, your backpack, your car. Threats (real or joking).	<ul style="list-style-type: none"> • Threat screenings/ assessments • Citations • Loss of Privileges • Suspension • Expulsion 	<ul style="list-style-type: none"> • Parent notified • Possible police investigation • Home consequences (grounding, phone taken away, etc.) • Negative impact on personal relationships 	<ul style="list-style-type: none"> • Do no bring weapons to school • Empty your backpack if you take it on a trip • If you hear or see something, say something
Bullying & Harassment- Name calling, hate speech, taunting, text messages, cyber bullying, pushing, etc.	<ul style="list-style-type: none"> • Threat screenings/ assessments • Investigations • Meetings • No contact contract • Suspension • Expulsion 	<ul style="list-style-type: none"> • Parent notified • Negative impact on personal relationships • Phone/electronic privileges taken away 	<ul style="list-style-type: none"> • Practice empathy • If you hear or see something, say something

IF YOU HEAR OR SEE SOMETHING



**SAY
SOMETHING**



During School Hours: REPORT TO STAFF

Before & After School Hours:

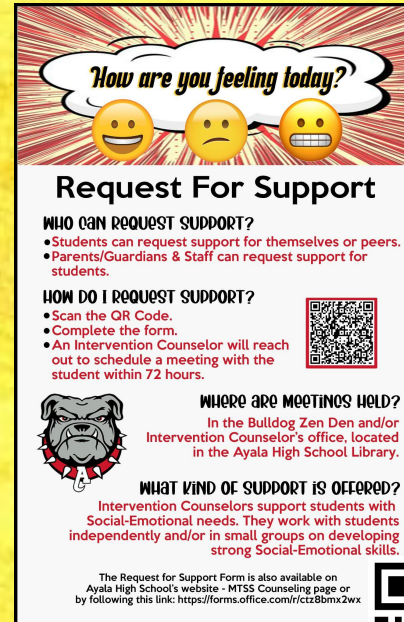
REPORT TO WE TIP LINE 1-800-782-7463

EMERGENCY CALL 911

Suicide and Crisis Lifeline CALL 988

REQUEST FOR SUPPORT

- Student, Staff, and Parent/Guardian Request for Support Form can be found on the Ayala website under Academics MTSS Counseling or by following this link:
<https://forms.office.com/r/gJiPvHuUkM>
- Scan the QR code on Request for Support Posters on campus.



How are you feeling today?

Three smiley face emojis: happy, sad, and angry.


Request For Support

WHO CAN REQUEST SUPPORT?

- Students can request support for themselves or peers.
- Parents/Guardians & Staff can request support for students.

HOW DO I REQUEST SUPPORT?

- Scan the QR Code.
- Complete the form.
- An Intervention Counselor will reach out to schedule a meeting with the student within 72 hours.



WHERE ARE MEETINGS HELD?

In the Bulldog Zen Den and/or Intervention Counselor's office, located in the Ayala High School Library.

WHAT KIND OF SUPPORT IS OFFERED?

Intervention Counselors support students with Social-Emotional needs. They work with students independently and/or in small groups on developing strong Social-Emotional skills.

The Request for Support Form is also available on Ayala High School's website - MTSS Counseling page or by following this link: <https://forms.office.com/r/ctz8bmx2wx>.



BULLDOG Zen Den

Purpose:

- **Provide a safe space for social-emotional support**
- **Identify and practice coping skills**
- **Talk with a supportive adult**
- **To run groups for Tier 2 supports (The Zen Den will be closed to drop-ins while groups are in session. If you require immediate support, see your School Counselor by alpha.)**



BULLDOG ZEN DEN

- If the Zen Den door is open, you are welcome to come in.
 - What the Zen Den is NOT:
 - It is not an escape from class
 - It is not a place to do homework
 - It is not a place to hang out with “stressed friends”
 - It is not a place to sit all day because you are “too stressed” to return to class
- *The overall goal is to get support, discuss coping, and return to your daily routine





HAVE A GREAT JUNIOR YEAR!